

Top 25 Emergency Information Checklist

Item	Name/Location	Phone/Acct #/Email
Address Book or Contacts		
Spouse Contact Info		
Child Contact Info		
Other Contact Info		
Employer Information		
Bank Account (1)		
Bank Account (2)		
Bank Account (3)		
Health Insurance		
Life Insurance		
Other Insurance		
Outstanding Debts		
Will		
Living Will		
Power of Attorney		
Medical Records		
Allergies/Blood Type		
Primary Care Doctor		
Social Security Card		
Passport		
Important Keys		
PO Box or Lock Box		
ATM Cards		
Credit Cards		
Password File (encrypted)		